



2019 Winter/Spring Swim Season

January 6 – May 12 Welcome Swimmers ages 5 to 18!

Home Pool: Greenbelt Aquatic & Fitness Center (GAFC), 101 Centerway, Greenbelt, MD

Registration & Open House:

December 9: Online registration begins. Register at <u>greenbeltswimteam.com</u> **January 3:** Open House (4:30-6 pm) for in-person registrations and swim tests. A swim test is required for new swimmers, so please bring a suit.

Please direct any questions to: greenbeltswim@gmail.com

Registration Fees:

- Age Group Swimmers (ages 5-18): \$125
- Developmentals (ages 5-8): \$75
- There is a \$10 discount for siblings.

New Swimmer Requirements:

- Age group swimmers should be comfortable in deep water and able to swim 25 yards (one length) of the pool.
- As a guide, swimmers who have completed "Advanced Beginner" or "Intermediate" level lessons usually have the necessary skills to enjoy the rewards of swimming with the team.
- Developmental swimmers must be comfortable putting their faces in water and ideally should be able to swim 10 yards (1/2 pool length).

Practice Schedule:

Tuesday/Thursday Afternoon		Sunday Morning Practices	
8 and Under	Tue/Thu 4:25 – 5:25pm	8 and Under	Sun 8:00 – 9:00 am
9 and Up	Tue/Thu 4:55 – 5:55pm	9-18	Sun 7:00 – 8:30 am
Developmental	-No afternoon practices-	Developmental	Sun 8:00 – 8:45am



Our Mission: To promote swimming as a lifelong activity, to help each swimmer achieve their "personal best" and to advocate swimming as a family participation sport.

www.greenbeltswimteam.com

Home of the Greenbelt Barracudas | Charter member of the Prince-Mont Swim League (55 years and counting!)